



## INSTRUCTIONS FOR BLOOD SAMPLE COLLECTION

**PLEASE READ ALL INSTRUCTIONS BEFORE COLLECTING YOUR SAMPLE**

### YOUR KIT CONTAINS



x 1 Collection tube



x 3 Lancet



x 3 Alcohol wipe



x 3 Plaster



x 1 Safety bag



x 1 Return bag

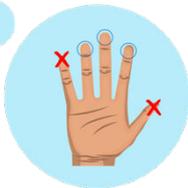


x 1 Form

### TAKING YOUR TEST

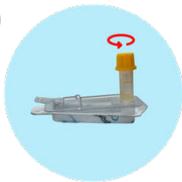
Please make sure that you collect your sample in the morning before eating or drinking.

1.



Hands should be warm before taking your sample. Wash and soak your hands in warm water. The best finger to use is your ring finger. Avoid using your thumb and little finger. Use the alcohol wipe to clean the finger and let it dry naturally.

2.



Take the top off your collection tube and stand the tube up in the hole in the plastic case.

3.



Twist the end off the lancet so that it is ready to use.

4.



Press the lancet down firmly on the inside of your fingertip until you hear a click. Wipe away the first drop of blood with the moist wipe.

5.



Holding your hand downward, gently massage your finger to produce drops of blood. Don't squeeze the finger too hard. Place your finger at the mouth of the collection tube and let the blood drip in. Don't scrape your finger on the tube, as this can damage your blood cells.

6.



Fill your collection tube to the upper line. If you did not collect enough blood to fill the tube you can use a new lancet on a different finger. Use the plaster to cover the site you took your blood from.



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7. Replace the tube top and push down until it clicks. Gently turn the tube upside down 5 times, do not shake it. Don't worry if the blood looks like it hasn't mixed. Place the tube back into the plastic case.



8. Fill out the lab form with the full name, date of birth, time, and date that you collected your sample. Take your sample and the form and put them inside the return bag and seal securely.



9. Dispose of any rubbish, including all the lancets, in your household waste. Put your sample in the safety bag.



10. Make a note of the return tracking number under the barcode on the postal tracking label, as shown above. Keep this in a safe place for future reference. Post your sample in a Royal Mail Priority Post box on the same day it was taken.



11. Before you post your sample, double-check that you have:

- Filled out your lab form
- Pushed the collection tube lid until it clicks
- Kept a record of the tracking number

### Intended Use

A single use, human finger-prick capillary blood sample collection kit for home use, used for the collection and transportation to an accredited testing laboratory via the postal service for the purpose of analysis for a variety of tests which require capillary blood. This kit is not for screening, monitoring or diagnosis itself, but simply a collection device intended to be used by lay users who are over the age of 18, which may include caregivers. There is no automation or quantitation involved.

### Safety Precautions

Only use the equipment provided to take your sample.  
Kit to be used for intended use only.  
Keep out of reach of children.

### Warnings

This kit must be used within 120 days of purchase.  
Do not open the collection tube until time of intended use.

### Contraindications

Not to be used by persons under the age of 18 years old.  
Do not use lancets on fingers with injury or infection.

### Storage

Do not expose to direct sunlight.  
Store product at less than 25°C.

### Material of Animal Origin

Gel barrier: Contains component from bovine origin.



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### Inbox of symbols

	Consult instruction for use
	Use by
	For <i>in vitro</i> diagnostic use only
	Manufacturer
	Authorized Representative
	Do not reuse
	Catalog#
	Lot Number
	Keep out of sunlight
	Store at less than 25°C
	Sterile R
	Biohazard